HEALTH PLAN POLICY					
Policy Title: Monitoring and Auditing	<b>Policy Number:</b> AC05				
	<b>Revision:</b> G				
<b>Department:</b> Administration	Sub-Department: Compliance				
<b>Applies to Product Lines:</b> □Medicaid	⊠USFHP				
□Children's Heal	h Insurance Plan				
⊠Health Insurance	e Exchange ⊠Non-Insured Business				
⊠Medicare	⊠Medicare				
Origination/Effective Date: 12/09/14					
<b>Reviewed Date(s):</b>	<b>Revision Date(s):</b> 03/04/2016, 09/28/2017,				
	08/23/2018, 08/14/2019, 07/15/2020,				
	06/16/2021, 06/01/2022, 10/10/2022				

#### **SCOPE:**

The purpose of this policy is to continuously evaluate compliance, detect potential non-compliance, Fraud, Waste and Abuse (FWA), to establish and implement an effective system for routine monitoring and auditing of internal business units and first tier, downstream and related entities (FDRs).

#### **DEFINITIONS AND ACRONYMS:**

- Audit A formal review of compliance with a set of standards (e.g., policies and procedures, laws and regulations) used as base measures.
- **Downstream Entity** Any party that enters into a written arrangement, acceptable to CMS, with persons or entities involved with the Medicare Advantage benefit or Part D benefit, below the level of the arrangement between a Medicare Advantage Organization (MAO) or applicant or a Part D plan sponsor or applicant and a first-tier entity. These written arrangements continue down to the level of the ultimate provider of both health plan and administrative services.
- FDR means First Tier, Downstream or Related Entity.
- **First Tier Entity** Any party that enters a written arrangement, acceptable to CMS, with an MAO or Part D plan sponsor or applicant to provide administrative services or health care services to a Medicare eligible individual under the Medicare Advantage Program or Part D program.
- FWA means Fraud, Waste, Abuse.
- **Monitoring Activities** Regular reviews performed as part of normal operations to confirm ongoing compliance and to ensure that corrective actions are performed and effective.

## **POLICY:**

The health plan must perform monitoring and auditing to test and confirm compliance with subregulatory guidance, contractual agreements and all applicable state and federal laws, as well as internal policies and procedures.

## A. Monitoring

- Internal Risk Assessment
  - Compliance will conduct a formal risk assessment of the organization's major compliance and fraud, waste and abuse areas.
  - o Each operational area will be assessed for the types and levels of risks the area presents to the

## HEALTH PLAN POLICY Policy Title: Monitoring and Auditing Policy Number: AC05 Revision: G

health plan.

- o Factors considered in determining the risk associated with each area include, but are not limited to:
  - Size of department;
  - Amount of training that has taken place;
  - Past compliance issues;
  - Regulatory audits and oversight activities.
- Risks identified by the risk assessment will be ranked to determine which risk areas will have the greatest impact on the health plan, and together with the operational areas, compliance will prioritize the monitoring and auditing work plan accordingly.
- A risk assessment will be completed at least annually, or more often if business needs require.
   There will be an ongoing review of potential risks of non-compliance and FWA.

### • Performance Indicators

- Compliance will work with each operational area to identify appropriate performance benchmarks or indicators to assess compliance with applicable laws, regulations and company policies. This will include establishing a frequency appropriate to the nature of the process and relative risk it represents.
- o Examples of possible performance indicators include, but are not limited to:
  - Process cycle time;
  - Timeliness and appropriateness of member notices;
  - Compliance of contracted first-tier, downstream and related entities (FDR);
- If a process involves more than one operational area, performance indicators must be developed to measure each area's compliance with the requirements for its portion of the process.
- **B.** Auditing The compliance department will conduct or facilitate operational and first tier audits sufficient to evaluate the health plan's level of compliance with applicable laws, regulations and company policies. All compliance audits will be appropriately planned and structured according to established methodology and accepted tools and standards.
  - Focused audits: The compliance officer will arrange focused audits of specific departments, FDRs or other areas as necessary. Focused audits may result from risk assessment results, departmental monitoring, regulatory concerns, associate incident reporting or any other credible indicators.
  - Routine Audits: The compliance officer will periodically schedule routine audits of the health plan departments or FDRs, as necessary and at a frequency to be determined by the compliance officer and compliance committee.
  - FDRs Audits: The health plan's contractual agreements with FDRs provide for routine and random auditing. Where FDRs perform their own audits, the compliance department may request a copy of the FDRs audit work plan and request the audit results. When corrective action is needed, the compliance department will ensure that corrective actions are taken by the entity.

# HEALTH PLAN POLICY Policy Title: Monitoring and Auditing Policy Number: AC05 Revision: G

Reports that the compliance department may review as part of FDR monitoring and auditing include, but are not limited to:

- Payment reports;
- Regulatory requirements and filings
- Financial Oversight
- o Training
- Drug utilization reports;
- o Provider utilization reports;
- Prescribing and referral patterns by physician's reports;
- Geographic zip reports;
- Performance metrics.

## C. Follow-up and Corrective Action

- Corrective actions must be designed to correct the underlying problem that results in program violations, prevents future non-compliance and must include timeframes for specific achievements.
- When there are concerning monitoring results, the compliance officer and the department manager/director will determine next steps, such as conducting a focused audit.
- Confirmed problems or cases of noncompliance must be remediated with appropriate corrective action. All corrective action will require a follow up validation audit to ensure the issue was in fact remediated.
- **D.** Compliance Auditing and Monitoring Work Plan The compliance officer, with input and approval of the compliance committee, will develop and publish an annual compliance monitoring and auditing work plan. The compliance work plan is subject to review and revision throughout the year as new indicators for focused audits may emerge. The compliance work plan includes:
  - Audits to be performed;
  - Audit schedules, including start and end dates;
  - Announced and/or unannounced audits;
  - Audit methodology;
  - Necessary resources;
  - Types of audit (desk or onsite);
  - Number of FDRs that will be audited;
  - Person(s) responsible;
  - Final audit report due date; and
  - Follow up activities or corrective action from findings.

## E. Reporting

HEALTH PLAN POLICY		
Policy Title: Monitoring and Auditing	Policy Number: AC05 Revision: G	

- Audit findings that represent significant risk to the organization will be reported immediately to the CEO and the governing board. If an issue contributes to any member impact or potential member impact, self-disclosure to the appropriate regulatory agency will occur.
- The compliance officer will prepare a quarterly report of the status of the compliance work plan. The report will summarize:
  - o Audit objectives;
  - o Scope and methodology;
  - o Results of current audits included detected issues; and
  - o Recommendations
- The report will be presented to the compliance committee at least quarterly.

### **REFERENCES:**

• CMS Medicare Managed Care Manual, Chapter 21, Compliance Program Guidelines, with specific subsections as noted throughout the policy.

### **RELATED DOCUMENTS:**

• Corrective Action AC03

### **REVISION HISTORY:**

Revision	Date	Description of Change	Committee
New	12/09/2014	Initial release.	Board of Directors
A	03/04/2016	Yearly review – updated to current template. Updated	Board of Directors
		Definitions and Acronyms.	
В	09/28/2017	Yearly review. No content changes. Changed signatory	Board of Directors
		to reflect CEO.	
C	08/23/2018	Compliance review	Executive Leadership
D	08/14/2019	Annual review. Updated section E. Reporting, and	Executive Leadership
		miscellaneous verbiage throughout the policy.	
Е	07/15/2020	Annual review. Updated Scope, Related Documents, and	Executive Leadership
		verbiage throughout policy. Removed footnotes.	
F	06/16/2021	Annual review. No change to policy content.	Executive Leadership
G	10/10/2022	Annual review. Minor changes to verbiage for clarity.	Executive Leadership