HEALTH PLAN POLICY

Policy Title: Sacroiliac Joint Fusion
Policy Number: MUM59
Revision: New

Department: Medical Management
Sub-Department: Utilization Management

Applies to Product Lines:
- Medicaid
- Children’s Health Insurance Plan
- Health Insurance Exchange
- Medicare
- USFHP
- Commercial Insured
- Non Insured Business

Origination/Effective Date: 10/09/2019
Reviewed Date(s): Revision Date(s):

SCOPE:

This document addresses surgical fusion of the pelvis (iliac bone) to the spine (sacrum) for treatment of trauma and other orthopedic conditions.

DEFINITIONS AND ACRONYMS:

- INSITE Study - Investigation of Sacroiliac Fusion Treatment
- International Society for Advancement of Spinal Surgery (ISASS)
- North American Spine Society (NASS)
- Sacroiliac Joint (SI Joint)

POLICY:

SI Joint Fusion is medically necessary under the following scenarios:

1) Adjuncts to tumor or infectious conditions involving the pelvis/spine area
2) Severe traumatic injury to the pelvis
3) Multisegmental spinal surgery for kyphosis or scoliosis

Rationale:

SI joint dysfunction is typically characterized by pain in the lower back & hips. It is aggravated by movement of most any kind. It is a caused by a variety of conditions including trauma, malignancy, infection or musculoskeletal misalignment. Various secondary considerations include steroid use, Pagets Disease, metabolic disease of bone, rheumatoid disease & osteoporosis. Advanced age and female gender are risk factors. Extensive peer reviewed literature informs the basis of this policy with significant contributions by ISASS & NASS – both professional organizations.

REFERENCES:

- ISASS 2016 – recommendations for SI Joint Fusion
- NASS 2015 – coverage recommendations on SI Joint Fusion
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RELATED DOCUMENTS:
None

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DATE: 10/06/14

DATE: 3/15/19

REVISION HISTORY:

<table>
<thead>
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<th>Date</th>
<th>Description of Change</th>
<th>Committee</th>
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<tr>
<td>New</td>
<td>10/09/2019</td>
<td>Initial release.</td>
<td>Executive Leadership</td>
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