The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.
This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call us at 1-844-282-3025 or visit us on the web at https://www.christushealthplan.org/. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at http://www.healthcare.gov/sbc-glossary or call 1-844-282-3025 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$0 at IHCP or with IHCP referral at non-IHCP; $7,100/individual or $14,200/family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible. No cost sharing for the first two primary care physician visits.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at http://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	$8,150/individual or $16,300/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See https://www.christushealthplan.org/find-a-provider or call 1-844-282-3025 for a list of providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Your Cost if You Use an Indian Health Care Provider IHCP	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No Charge	$40 copayment/visit; deductible does not apply.	Not Covered	No cost sharing for the first two primary care physician visits.
	Specialist visit	No Charge	$60 copayment/visit; deductible does not apply.	Not Covered	Including office services, other than those specifically shown below.
	Preventive care/screening/ immunization	No Charge	No charge. Deductible does not apply.	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	50% coinsurance	Not Covered	None.
	Imaging (CT/PET scans, MRIs)	No Charge	$400 copayment/visit	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
If you need drugs to treat your illness or condition More information about Prescription drug coverage is available at www.christushealthplan.org	Preferred generic drugs	No Charge	No charge. Deductible does not apply.	Not Covered	Cost sharing for a 90-day supply by mail order is triple the cost sharing for a standard 30-day supply. Cost sharing for specialty drugs is limited to $150 per prescription for a standard 30-day supply. Prescriptions for birth control are not subject to deductible, and do not have a copayment.
	Non-preferred generic drugs	No Charge	$25 copayment/prescription. Deductible does not apply.	Not Covered	
	Preferred brand drugs	No Charge	$100 copayment	Not Covered	
	Non-preferred brand drugs	No Charge	50% coinsurance	Not Covered	
	Specialty drugs	No Charge	50% coinsurance	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	50% coinsurance	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.

* For more information about limitations and exceptions, see the plan or policy document at https://www.christushealthplan.org/

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Your Cost if You Use an Indian Health Care Provider IHCP	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	No Charge	50% coinsurance	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
If you need immediate medical attention	Emergency room care	No Charge	$950 copayment	$950 copayment	None.
	Emergency medical transportation	No Charge	50% coinsurance	50% coinsurance	
	Urgent care	No Charge	$60 copayment/visit; deductible does not apply.	Not Covered	
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	$950 copayment/stay	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Physician/surgeon fees	No Charge	No Charge	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge	$50 copayment/visit; deductible does not apply.	Not Covered	MH/SUD office visits are subject to the listed cost sharing, while MH/SUD facility outpatient treatments are subject to the outpatient facility coinsurance. Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Inpatient services	No Charge	$950 copayment/stay	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
If you are pregnant	Office visits	No Charge	$60 copayment/visit; deductible does not apply.	Not Covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	No Charge	No Charge	Not Covered	None.

* For more information about limitations and exceptions, see the plan or policy document at https://www.christushealthplan.org/

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Your Cost if You Use an Indian Health Care Provider IHCP	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Childbirth/delivery facility services	No Charge	$950 copayment	Not Covered	Preauthorization is required for inpatient care, except for: (1) forty-eight (48) hours of Inpatient care following an uncomplicated vaginal delivery or ninety-six (96) hours of Inpatient care following an uncomplicated Cesarean section or (2) Post-Partum Care. If you don't get preauthorization, benefits will be denied.
If you need help recovering or have other special health needs	Home health care	No Charge	50% coinsurance	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Rehabilitation services	No Charge	$60 copayment/visit	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Habilitation services	No Charge	$60 copayment/visit	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Skilled nursing care	No Charge	50% coinsurance	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Durable medical equipment	No Charge	50% coinsurance	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Hospice services	No Charge	50% coinsurance	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
If your child needs dental or eye care	Children's eye exam	No Charge	No charge. Deductible does not apply	Not Covered	Limited to one exam per year.
	Children's glasses	No Charge	No charge. Deductible does not apply	Not Covered	Limited to one pair of glasses per year.
	Children's dental check-up	No Charge	No charge. Deductible does not apply	Not Covered	Limited to one visit per 6 months.

* For more information about limitations and exceptions, see the plan or policy document at https://www.christushealthplan.org/

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)		
• Abortion • Acupuncture • Bariatric Surgery • Cosmetic Surgery • Dental Care – Basic and Major (Adults) • Dental Care – Basic and Major (Children)	• Infertility Treatment • Long-term Care • Non-emergency care when traveling outside the United States • Orthodontia • Routine dental services (Adults)	• Routine eye care for adults • Routine foot care for diabetic members • Treatment for temporomandibular joint disorders • Weight Loss Programs

Other Covered Services (limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Chiropractic care	• Hearing aids (1 hearing aid in each ear every 3 years)	• Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: CHRISTUS Health Plan Customer Service at 1-844-282-3025; Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa; Louisiana Department of Insurance, Office of Consumer Services, P.O. Box 94214, Baton Rouge La 70804-9214 or call 1-800-259-5300. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: CHRISTUS Health Plan Customer Service at 1-844-282-3025 or Louisiana Department of Insurance, Office of Consumer Services, P.O. Box 94214, Baton Rouge La 70804-9214 or call 1-800-259-5300.

Does this plan provide Minimum Essential Coverage? Yes
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:
Spanish (Español): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-282-3025 (TTY: 1-800-735-2989).
Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụhỗtrợngôn ngữmiễn phí dành cho bạn. Gọi số1-844-282-3025 (TTY: 1-800-735-2989).
Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1-844-282-3025 (TTY1-800-735-2989)。

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* For more information about limitations and exceptions, see the plan or policy document at https://www.christushealthplan.org/

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-282-3025 (TTY: 1-800-735-2989)번으로 전화해 주십시오.

Arabic: **ملحوظة: إذا كنت تتحدث اللغة، اذكر تتوافر اللغوية المساعدة خدمات فإن لك بالمجان. برقم اتصل** 1-844-282-3025 **(رقم هاتف الصم والبكم**: 1-800-735-2989).

Urdu: **خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں**1-844-282-3025 (TTY: 1-800-735-2989).

Tagalog : PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-282-3025 (TTY: 1-800-735-2989).

French: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-282-3025 (ATS : 1-800-735-2989).

Persian: **هستند شما دسترس در کنند، می صحبت رایگان زبان، کمک خدمات فارسی، شما اگر. پاسخ** 1-844-282-3025 (TTY: 1-800-735-2989).

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-282-3025 (TTY: 1-800-735-2989).

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-282-3025 (телетайп: 1-800-735-2989).

Japanese: 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-844-282-3025（TTY: 1-800-735-2989）まで、お電話にてご連絡ください。

Laotian: ໂປດຊາບ: ຖ້າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍ ລິການຊ່ ວຍເຫ ຼືອດ້ ານພາສາ, ໂດຍບໍ ່ ເສັ ຽຄ ່ າ, ແມ ່ ນມ ີ ພ ້ ອມໃຫ ້ ທ ່ ານ. ໂທຣ 1-844-282-3025 (TTY: 1-800-735-2989).

Hindi: हंद: **सावधानी: यदि आप हिंदी बोलते हैं, तो आप मुफ्त भाषा सहायता सेवाओं से लाभ उठा सकते हैं। 1-844-282-3025 पर कॉल करें (टीटीवी: 1-800-735-2989)**

Gujarati: જરાત: સાવધાન: જો તમે ગુજરાતી બોલતા હોવ તો, તમે મફત ભાષા સહાય સેવાઓમાંથી લાભ મેળવી શકો છો. 1-844-282-3025 પર કોલ કરો (TTY: 1-800-735-2989)

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$7,100
Specialist copayment	$60
Hospital (facility) copayment	$950
Other coinsurance	50%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	**$12,800**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$7,100
Copayments	$1,100
Coinsurance	$0
What isn't covered	
Limits or Exclusions	$60
The total Peg would pay is	**$8,260**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$7,100
Specialist copayment	$60
Hospital (facility) copayment	$950
Other coinsurance	50%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	**$7,400**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$5,400
Copayments	$900
Coinsurance	$0
What isn't covered	
Limits or Exclusions	$60
The total Joe would pay is	**$6,360**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$7,100
Specialist copayment	$60
Hospital (facility) copayment	$950
Other coinsurance	50%

This EXAMPLE event includes services like:
Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	**$1,900**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$1,600
Copayments	$200
Coinsurance	$0
What isn't covered	
Limits or Exclusions	$0
The total Mia would pay is	**$1,800**