

Order Over-the-Counter (OTC) products to be healthy at home.

Your OTC Benefit allows you to order from hundreds of useful items that can be mailed directly to your home. There is a wide range of products available and ordering is quick and easy. You can order online by going to our website at ChristusHealthPlanOTC.com, by mailing in the order form provided in your catalog, or by calling us at the OTC Fulfillment Center at **877.906.0738** (TTY: **711**), Monday - Friday, 8 a.m. - 11 p.m. EST.

A Brief Sample of Your Available Over-The-Counter Products

ALLERGY (Allergy Tablets, Nasal Spray)	FIRST AID (Hydrogen Peroxide, Adhesive Bandages)
BATHROOM SAFETY & FALL PREVENTION (Non-Skid Bath Mat, Folding Cane)	INCONTINENCE SUPPLIES (Disposable Underwear, Underpads)
DENTAL & DENTURE CARE (Pepsodent Toothpaste, Denture Cream)	PAIN RELIEVERS & FEVER REDUCERS (Acetaminophen, Ibuprofen)
DIABETES CARE (Diabetic Socks, Glucose Tablets)	SKIN & SUN CARE (Hand Sanitizer, Sunscreen Lotion)
DIAGNOSTICS (Thermometer, Blood Pressure Monitor)	SUPPORTS & BRACES (Back Support Elastic, Carpal Tunnel Brace)
EYE & EAR CARE (Artificial Tears Drops, Cotton Tipped Swabs)	VITAMINS & MINERALS (Multivitamin, Fish Oil)

A \$100 BENEFIT per Quarter for You!*

*Any remaining balance does not rollover to the next quarter.

