

US Family Health Plan Autism Care - Provider Training



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US Family Health Plan

TRICARE Autism Care Demonstration (ACD) covers ABA services for all TRICARE eligible beneficiaries diagnosed with Autism Spectrum Disorder (ASD).

Authorized ABA providers must complete an ABA assessment for the beneficiary and develop an individual treatment plan of all services that are provided by behavior technicians. ABA providers must also measure progress every six months.

ELIGIBILITY

- Eligible participants for ACD must be a TRICARE eligible beneficiary.
- The eligible beneficiary must have an eligible diagnosis.
- A family member or the beneficiary has the option to request services under the ACD program.

DIAGNOSIS

Eligible beneficiaries must show proof of an autism spectrum disorder (ASD) diagnosed by an approved ASD Primary Care Manager (PCM) or an approved ASD provider.

- Family Practice Physician
- Pediatrician/Pediatric Nurse Practitioners
- Pediatric Neurologist/Neurodevelopmental
- Adult or Child Psychiatrist

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SERVICES

There are several services available for ASD beneficiaries with a covered diagnosis. Below are a few:

- PT
- OT
- Psychological Testing
- Psychotherapies
- Pharmacotherapies
- Respite Care

COORDINATION

An Autism Services Navigator (ASN) is assigned in writing to the family.

ASN will contact the family and go over their services prior to ABA authorization.



TREATMENT PLAN

ABA assessments and treatment plans are to be completed by an authorized ABA provider.

ABA provider should submit a document outlining the ABA services needed per individual for the initial ABA Treatment Plan.

ABA provider will set an objective for a short term and long term goals for ABA services.

ASSESSMENT OF BEHAVIOR

97151 - Behavior identification assessment, administered by a physician or other qualified health care professional, each 15 minutes of the physician's or other qualified health care professional's time face-to-face with patient and/or guardian(s)/caregiver(s) administering assessments and discussing findings and recommendations, and non-face-to-face analyzing past data, scoring/interpreting the assessment, and preparing the report/treatment plan.

97153 - Adaptive behavior treatment by protocol, administered by technician under the direction of a physician or other qualified health care professional, face-to-face with one patient, each 15 minutes.

97155 - Adaptive behavior treatment with protocol modification, administered by physician or other qualified health care professional, which may include simultaneous direction of technician, face-to-face with one patient, each 15 minutes.

97156 - Family adaptive behavior treatment guidance, administered by physician or other qualified health care professional (with or without the patient present), face-to-face with guardian(s)/caregiver(s), each 15 minutes.

97157 - Family adaptive behavior treatment guidance, administered by physician or other qualified health care professional (with or without the patient present), face-to-face with guardian(s)/caregiver(s), each 15 minutes.

97158 - Group adaptive behavior treatment with protocol modification, administered by physician or other qualified health care professional, face-to-face with multiple patients, each 15 minutes.

RESOURCES

[TRICARE Manuals - Display Chap 18 Sect 3 \(Baseline, Dec 5, 2022\) \(health.mil\)](https://health.mil/About-TRICARE/Manuals-Display/Chap-18-Sect-3-Baseline-Dec-5-2022)

Autism Speaks – www.AutismSpeaks.org

Autism Science Foundation – AutismScienceFoundation.org